

COLONOSCOPY PREP INSTRUCTIONS

IT IS VERY STRONGLY RECOMMENDED THAT YOUR RIDE WAIT HERE IN OUR WAITING ROOM WHILE YOUR PROCEDURE IS BEING DONE

PURCHASE YOUR LAXATIVE PRESCRIPTION

The colonoscopy test is done with intravenous sedation, therefore you will need a friend or family member with you to drive you home. (PUBLIC TRANSPORTATION OR CAB IS PROHIBITED). **IT IS VERY STRONGLY RECOMMENDED THAT YOUR RIDE WAIT HERE IN OUR WAITING ROOM WHILE YOUR PROCEDURE IS BEING DONE.** This procedure from start to finish will take approximately 2 hours if done in our Branford Facility or up to 3 hours if done in a hospital. Please no perfume, cologne or lotions the day of your procedure.

SEVEN DAYS BEFORE YOUR PROCEDURE

DO NOT TAKE ANY OF THE FOLLOWING MEDICATIONS (UNLESS INSTRUCTED BY YOUR PHYSICIAN)

ASPIRIN OR IBUPROFEN

PLAVIX

IRON OR FISH OIL

NO CORN, NUTS OR SEEDS

ANY COLD MEDICINES MAY CONTAIN ASPIRIN (PLEASE CHECK BEFORE TAKING)

FOUR DAYS BEFORE YOUR PROCEDURE

WE ASK THAT YOU STAY OFF ANY BLOOD THINNERS

(CHECK WITH YOUR CARDIOLOGIST BEFORE STOPPING ANY OF THESE MEDICATIONS)

COUMADIN

WARFARIN

PRADAXA

ETC.

DAY BEFORE YOUR PROCEDURE

NO DIABETIC PILLS (DAY BEFORE OR DAY OF PROCEDURE, TIL AFTER THE PROCEDURE)

(PATIENTS ON INSULIN, MUST CHECK WITH THEIR ENDOCRINOLOGIST TO MAKE ADJUSTMENTS ON HOW MUCH INSULIN TO TAKE)

NO FOOD

YOU MUST DRINK INCREASED AMOUNTS OF CLEAR LIQUIDS ALL DAY FROM MORNING UNTIL 12 MIDNIGHT, SEE LIST BELOW:

CHICKEN BROTH, APPLE JUICE, GATORADE, SPRITE, 7-70, GINGER ALE, TEA, WHITE GRAPE JUICE, BLACK COFFEE
(ONLY 2 CUPS) JELLO, ITALIAN ICES AND POPSICLES

LIQUIDS MUST BE CLEAR, LEMON OR ORANGE FLAVORS ONLY

ALSO YOU WILL BE TAKING YOUR LAXATIVE, PLEASE FOLLOW THE INSTRUCTIONS ON THE NEXT PAGE