

INSTRUCTIONS FOR NULYTELY, COLYTE OR TRILYTE

Two days before your procedure

Clear liquids all day.

Anytime before 5pm on Wednesday drink the 10 ounce bottle of Citrate of Magnesium. Stay on clear liquids.

Day before your procedure

Stay on clear liquids all day.

Mix your laxative drink (prescription) in the morning, by adding a flavor pack (comes with your prescription) or Crystal Light Lemonade flavor only. Fill the container to the water line, shake & refrigerate. You may drink this at room temperature if you prefer.

12 noon: Drink 8 ounces of your prescription drink every 30 minutes until you finish the entire container. The earlier you start, the sooner you will be done. This process takes approximately 8 hours to complete.

IF YOUR PROCEDURE IS BEFORE 12 NOON

Do not have anything by mouth after midnight the night before your procedure, only a sip of water for anyone who needs to take blood pressure, heart, seizure or anxiety medications. Must be taken at least 2 hours before your procedure.

IF YOUR PROCEDURE IS AFTER 12:15 PM

You may stay on clear liquids til 8am on the day of your procedure. Make sure anyone on blood pressure or heart medicine takes their medication before 8am.

ANY QUESTIONS call 203-481-0315 X19, unless your procedure is scheduled for the following day, you need to call 203-481-0315 and ask to speak to someone regarding your procedure the next day. Make sure you do not get put into voicemail !!!!

DATE: _____

ARRIVAL TIME: _____

PLACE:

___ Yale New Haven Hospital -- 35 Park Street (valid parking free) or park in the Air Rights Garage entrance, park on the 4th floor (\$4.00 charge)

___ Hospital of Saint Raphael – 330 Orchard St., New Haven (2nd floor, GI Suite)

___ Digestive Disease Outpatient Endoscopy Facility, 229 Montowese St., Branford

___ Yale Shoreline Hospital - 111 Goose Lane, Guilford, CT