

# MOVIPREP INSTRUCTIONS

## BOWEL PREPARATION FOR YOUR PROCEDURE

Note: Before beginning the following steps, have your prescription for **MOVIPREP** filled at least 2 days prior to the procedure.

### THE DAY BEFORE THE PROCEDURE:

1. CLEAR LIQUIDS ONLY. Mix your laxative drink and refrigerate.
2. **At 5:00 PM** drink your Moviprep solution, 8 ounces every 15 minutes until you finish the entire container, followed by 16 ounces of Gatorade or Vitamin Water. Stay on clear liquids until midnight.

### THE DAY OF YOUR PROCEDURE:

3. **6 HOURS before your procedure**, drink the **MOVIPREP** solution, 8 ounces every 15 minutes until you finish the entire container, followed by 16 ounces of gatorade or vitamin water.
4. Must be done by \_\_\_\_\_. Do not have anything else by mouth, unless you take any of the medications listed below, you may take them with a sip of water only, at least 2 hours before your procedure.

### REMEMBER TO TAKE YOUR BLOOD PRESSURE, HEART, ANXIETY, OR SEIZURE MEDICATIONS THE DAY OF YOUR PROCEDURE

### YOUR PROCEDURE

**Date:**\_\_\_\_\_ **Arrival Time:**\_\_\_\_\_

(Your arrival time is subject to change, a nurse will confirm your arrival time within 1 to 2 days before your procedure)

### LOCATION:

- \_\_\_ Yale New Haven Hospital, Smilow Cancer Hospital, 35 Park St, NH (VALET PARKING FREE) or park in the air rights parking garage (on the 4<sup>th</sup> floor).
- \_\_\_ Yale Shoreline, 111 Goose Lane, Guilford (203-453-7100)
- \_\_\_ Yale Saint Raphael Campus, 330 Orchard St, 2nd floor, NewGI Department (203)789-3273, Park in the George St. parking garage
- \_\_\_ DDA Endoscopy Suite, 229 Montowese Street., Branford (203-481-0315)