

SUPREP BOWEL PREP INSTRUCTIONS

THE DAY BEFORE YOUR PROCEDURE:

1. **NO FOOD, CLEAR LIQUIDS ONLY**
2. **5:00 PM** - Mix 1 bottle of Suprep with 16 ounces of cold water, stir and drink it
3. Drink 32 ounces of water over the next hour.
4. Stay on clear liquids till midnight only, then follow the steps for the day of your procedure.

DAY OF YOUR PROCEDURE:

1. _____ (6 hours before your procedure) - Mix 1 bottle of Suprep with 16 ounces of cold water, stir and drink it
2. Drink 32 ounces of water over the next hour.
3. **NOTHING ELSE by mouth** not even water, unless you take blood pressure, heart, anxiety or seizure medicine, you may take any of those medications with a sip of water at least 2 hours before your procedure.
4. **IF YOUR PROCEDURE IS AFTER 12 NOON**, You may have clear liquids until 8AM. Then nothing to eat or drink after 8am.

Date of Procedure: _____

Arrival Time _____

(Your arrival time is subject to change, a nurse will confirm your arrival time within 1 to 2 days before your procedure)

____ Yale New Haven Hospital(Smilow)-35 Park St, New Haven(valet parking free).

____ Yale (Hospital of Saint Raphael's campus)-330 Orchard St. New Haven
(2nd floor, GI suite)

____ Digestive Disease Endoscopy Suite, 229 Montowese St., Branford

____ Yale Shoreline Hospital, 11 Goose Lane, Guilford